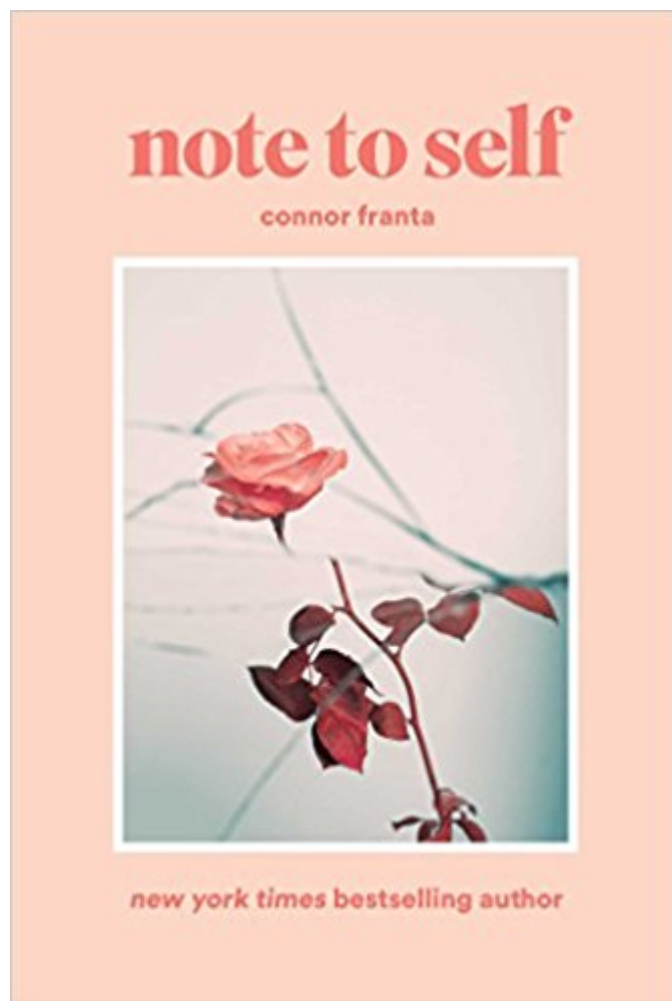


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Note To Self



Synopsis

In his New York Times bestselling memoir, *A Work in Progress*, Connor Franta shared his journey from small-town Midwestern boy to full-fledged Internet sensation. Exploring his past with humor and astounding insight, Connor reminded his fans of why they first fell in love with him on YouTube and revealed to newcomers how he relates to his millions of dedicated followers. Now, two years later, Connor is ready to bring to light a side of himself he's rarely shown on or off camera. In this diary-like look at his life since *A Work in Progress*, Connor talks about his battles with clinical depression, social anxiety, self-love, and acceptance; his desire to maintain an authentic self in a world that values shares and likes over true connections; his struggles with love and loss; and his renewed efforts to be in the moment with others and himself. Told through short essays, letters to his past and future selves, poetry, and original photography, *Note to Self* is a raw, in-the-moment look at the fascinating interior life of a young creator turning inward in order to move forward.

Book Information

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Customer Reviews

Connor Franta is an award-winning Internet personality, bestselling author, dedicated LGBTQ+ philanthropist, and entrepreneur with millions of followers across his social media platforms. His first work of non-fiction, *A Work in Progress*, was a New York Times bestseller and the Goodreads Choice Award Winner for Best Memoir & Autobiography (2015). He is the founder of the lifestyle brand, Common Culture, which offers superior clothing, premium coffee, and a variety of undiscovered musical talent under Heard Well, the first label powered by social tastemakers. To

learn more, visit ConnorFrantaBooks.com and [@ConnorFranta](https://www.youtube.com/channel/UCFfrn8a3D1313131313131313) on YouTube, Instagram, and Twitter.

I speed read this book so fast I didn't even took down any progress. This book is so incredible I don't even have words. I cried at some parts of the book because I could relate. I highlighted parts where he gave me tons of advice that I am to make sure to write down to post on my wall. Its like he knew what I think about from time to time, but don't know how to make words of it. He made me know more about myself within the book. It made me wanna have more self confidence and let go of all worry and strive for the better and fight the worst. I loved the pictures within this story it gave a good vibe and just made them book seem even more beautiful. The poems were amazing also. I highly recommend this read.

This book has such a beautiful voice and important message. I could hear Connor talking to me through his sentences as well as his pictures. I loved this book because of the detail and time put into every page. I also loved this book because it was raw and truthful. I think sometimes that's the best way to find yourself - stare your fears right in the eyes. This book spoke to my soul and I will definitely be rereading. Thank you Connor for sharing your journey, your life. And beautifully honest insights.

I love this book and the quotes it has in it it gives a lot of perspective and into things that we see on his YouTube channel and how we see life because he has quotes on life and how things just doesn't work out for everybody. In this book would be good if you have dealt with depression or going through depression because it really shows what people have gone through it and how you need to remind yourself of things that will have them come out of the depression.

This book is like taking a look at someone's personal journal about their life with a dab of self-help added. Some of the topics might not resonate with people who are a bit older (I take that in the editing process, some of his essays were tiered toward his younger audience). A few of the topics covered in this book are: depression, self-hatred, sexuality, break ups, media consumption. It can be self-indulgent at times (Connor does state that the book is for himself in the dedication, so that's kind of a given), but you can find yourself in these pages because of the universal topics. It's nice how self-aware he is so even when it does dip into being self-indulgent, you can still appreciate what he is doing by sharing very intimate thoughts. Even though Connor is a beginner when it

comes to writing poetry, a lot of the poems are very nice and I found myself enjoying them more than I thought I would. Also, the photographs are beautiful. The actual physicality of the book is gorgeous, it's a very visually appealing book. The book shines most when dealing with the topics of depression, sexuality, and heartbreak. Something that really stood out to me is that there are passages that were clearly written in a heightened emotional state (much like a stream of consciousness) and instead of cleaning it up, he left his raw emotions on the page. We all experience situations where our emotions get the best of us, but normally we don't share our irrational thoughts. Here Connor does and it's wonderfully vulnerable and honest. Overall this is a very nice, quick, and easy read that I will probably reach for again.

Amazing!!! - Completely in love

Connor Franta shares a more intimate look at himself in his second book. Much like the first book, he charms readers with his subtle sense of humor and enthusiasm. Unlike his first book, he shares with the reader personal details that have shaped him since then. Intense, artistic, and humorous, Connor Franta fashions a creative autobiographical story that reels the reader in from the very first quote.

This is by far my favorite book I've ever read. Not just because I love Connor, but I think anyone with the interest of poetry, photography, or just thoughts will love this. I recommend it 100%. Note to self is beyond beautiful and I'm beyond proud of Connor. He's such a lovely person with such a bright smile

I waited three months for this book and it certainly did not disappoint. I've been following Connor Franta since I first discovered one of his videos in early 2013. I am so proud of all that he has accomplished and all that he has yet to accomplish. He has become someone I have looked up to for his vulnerability and passion. This book is definitely one I will be rereading for whenever I need some kind of pick me up. Though not everything in it applies to my life, I love how raw it was at moments. Connor wrote this for himself and how lucky are we, the readers, to be able to temporarily step into what goes through his mind. This book helped to remind me that I'm not alone in thinking the way I do. This book could not have come at a more perfect time in my life. I'm 20, almost 21 and Connor helped me to remember it's okay if I don't have everything figured out yet. Connor, if you're

somehow reading this review, I simply want to say thank you. Thank you for opening up your life just a little bit more so we can selfishly (:P) benefit from it. Love you! Keep on doing you!

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